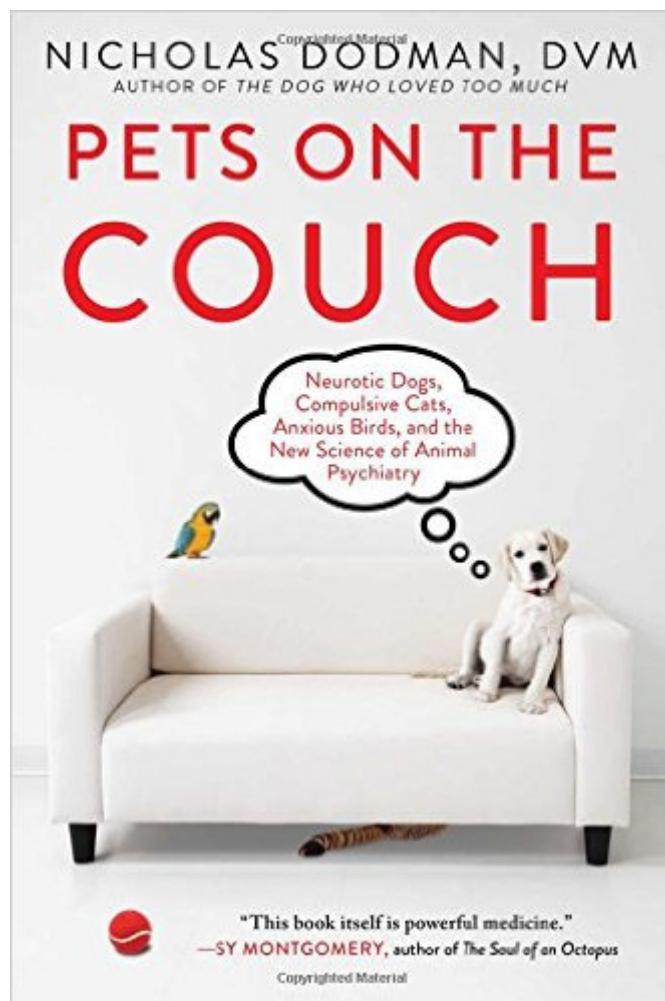


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# Pets On The Couch: Neurotic Dogs, Compulsive Cats, Anxious Birds, And The New Science Of Animal Psychiatry



## **Synopsis**

The pioneering veterinarian and author of the New York Times bestseller, The Dog Who Loved Too Much, and the national bestseller, The Cat Who Cried for Help, recounts his uniquely entertaining and poignant stories of treating animals for all-too-human problems as he reveals his amazing breakthroughs with the new science of One Medicine. The Oliver Sacks of animal brains, Dr. Nicholas Dodman is an internationally renowned veterinarian and research scientist who wrote one of the first popular books to recognize the complex emotional lives of dogs and to reveal innovative ways to help them, including with Puppy Prozac. Now, Dr. Dodman once again breaks new ground with the practice of One Medicine, the profound recognition that humans and other animals share the same neurochemistry, and that our minds and emotions work in similar ways. Racehorses with Tourette's Syndrome, spinning dogs with epilepsy, cats with Obsessive Compulsive Disorder, feather-plucking parrots with anxiety, and a diffident Bull Terrier with autism—these astonishing cases were all helped by One Medicine, which emphasizes the similarities rather than differences between animals and humans. Inspiring, sometimes heartbreaking, and utterly fascinating, Pets on the Couch demonstrates how what we share with our animals can only lead us to a greater appreciation for them and our mutual bonds.

## **Book Information**

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## **Customer Reviews**

Dr. Nicholas Dodman has written another book that will capture the hearts of pet lovers. He has outdone himself with his new book. This is not a book about "lazy" pets- couch potatoes. This is a

book that explores the many aspects of animal behavior and how emotional problems can be expressed by "unwanted" and difficult behavioral issues and the new medicines that are being used to help animals who are deeply distressed. The book is beautifully written and the author's love for animals and keen desire to help them ring through in every chapter. It is very hard to put this book down in fact. I recommend it highly for animal lovers who are interested in "One Medicine" to which the author subscribes. We are not that different than our companion animals- emotionally or physically- It is a must read.

I've known this author for years, as a lecturer, media personality, and colleague. I have a sacred space on my shelf for all his books. *Pets on the Couch*--is by far and away my favorite. It dares to cross the line, as I do in my book *Modern Dog Parenting* (a book reviewed by Dr. Dodman), to regard dogs and many other domestic animals in the same light as children. They are vulnerable to abuse, neglect, and suffering. Many of the conditions we complain about are ones we have unwittingly created. He empathizes with our pets while empathizing with the loving pet owner as welcome. He ends each story example by outlining solutions and therapies to calm those on both ends of the leash. Two tails way, way up!!!

one of the best book onâ ´ this topic.

Great book. Gave a copy to my vet. He agrees with author's theories.

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